Edition 18 8 May 2019

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc

FREE EVERY FORTNIGHT

Welcome Changes

If you drop into the Botanic Gardens you will notice that the orange plastic has been removed around the kid's playground and the whole site looks like a lot of fun. Come in from the top entrance and you'll see that the concrete foundation has been laid for the new Entrance, as well as the Bills Trough brought out of hiding behind a bush or two. It will be a lovely entrance feature and hopefully attract the attention of passing traffic, so that tourists can venture into the Gardens and

stay for a while. There are other projects afoot for the Gardens, coming from the Penshurst Botanic Gardens Master Plan and, if you are interested, you can obtain an emailed copy, or download it from the town website. We will be reviewing the Plan on May 22nd at the Progress Association meeting in the Hall. 7.30pm



www.penshurstvictoria.com.au/Penshurst%20Progress%20Association.html More photos page 7.

DEADLINE FOR SUBMISSIONS - 18th May 2019

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor: Mark Dalla Costa
All correspondence to: mtrousenewsletter@gmail.com

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MT ROUSE NEWS & VIEWS

Treatments are:

Aromatherapy Massage

Hot Stone Massage

Ear Candling

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Christine's Healing Retreat

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Daily charges for Hall hire:

Supper Room or Kitchen \$50
 Main Hall \$150
 Entire Venue \$250
 Conditions apply





Mandy's Hair Design

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Bookings by appointment

For appointments please ring

Mobile: 0417 511 177 Thankyou

PAGE 3 MT ROUSE NEWS & VIEWS

The former Gaudenzi Wine Bar in Penshurst is to re-open on May 16 as



after the new owners, Cherie Bridges and Mark Payne, have 'make a few changes'.



Lady Penny rides the Grampians

Mark is an artist, a painter in romantic impressionism style (www.markpayneart.com). Cherie describes herself as a chameleon who has done a number of projects with the common theme of historic character buildings, food and the arts. They are both also singers, Mark R & B, Cherie in jazz, and perform regularly with their respective bands, sometimes performing together. Cherie says they have his, hers and ours music"

They weren't specifically looking for another project, but Cherie fell in love with the bluestone building, which was built in the 1860's as the Victoria Hotel. She is in great admiration of the vision of Trevor Godenzi, who painstakingly started the renovation process several years ago and ran the wine bar for two years. "He had a 'build it and they will come' attitude and I'm really impressed by that."

"All the projects I have done have been initiated by falling for an old building and adapting it to a use that brings pleasure, through food, music and art.

In the 1990's I did 3 such projects in the Hepburn Shire, starting Daylesford's first gourmet deli, followed by an Art Gallery (which is how she and now husband, Mark met) and then converted a 1920's Dance Hall to a Wine Bar, music venue."

From that project she formed long term friendships with many musicians, who she will be booking to play at The Penny. "I love the golden thread of continuity that can run through life and am excited at the thought of creating intimate soiree' type music events where people can really connect to the musicians".

Mark has created a painting for The Penny, which is hanging in the Wine Bar. It's the first in a series he will produce, which was inspired by the yet to be renovated former Ladies' Lounge, a separate part of the building, which Cherie and Mark plan on opening later in the year.

.. More over the page ...

PAGE 4 MT ROUSE NEWS & VIEWS

The Penny (continued from page 3)

"It inspired us to think of strong, independent women in Victorian times and Mark is creating a series of portraits in indoor and outdoor landscapes around that."

During the transition period from life in Hepburn Shire, The Penny will be open just two evenings a week. Thursdays and Fridays from 5-10pm. Those opening hours will be extended in time and there are plans for monthly supper club music events.

The food will be home style comfort food with a European influence. Cherie is influenced by the regional trattorias of Italy, where there are a couple of specials each day, always lovingly prepared from scratch and using quality produce. The Wine List has a good representation of local, Victorian regional and European wines. The Beer is a preservative free and unfiltered range from the recently created Sow and Piglets Brewery at Port Campbell. "We are keeping our prices at that of a country pub, we want to offer a tempting place for warmth, conviviality, good food and wine, at affordable prices."

The Penny will be open Thursdays and Fridays from 5-10pm starting May 16th. For information contact



Cherie Bridges 0428 316 224 cheriebridgespayne@gmail.com



Friendly faces and helpful staff ...

Penshurst Liquor & Grocery Store



Opening Hours:

Mon - Friday 7am - 6pm Saturday 9am - 5pm Sunday 10am - 4pm

Open 7 days

Groceries, Bread, Meat, Frozen Food, Fresh Fruit & Vegetables

Beer, Wine & Spirits

PAGE 5 MT ROUSE NEWS & VIEWS PENSHURST NATURE NOTES

Aerial Insect Hunters at Yatmerone

Have you heard of the Blue-spotted Hawker or the Wandering Percher? I hadn't until I identified two dragonflies photographed at Yatmerone Wildlife Reserve last summer. They, along with the Red and Blue Damselfly, (also found at Yatmerone) are members of a peculiar group of insects which have teeth and hunt their prey on the wing. The dragonflies particularly are fantastic flyers. The biggest of them can reach speeds of about 70 km per hour, which makes them possibly the fastest flying insects in the world. They are excellent hunters of other insects and can hover, move in zigzags and even fly backwards. I saw one chase a large grasshopper which only just managed to escape by landing in a grass tussock.

Wandering Percher





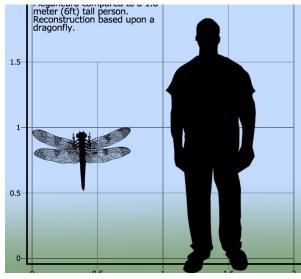
Back in March 2011 there was a large swarm of dragonflies in Penshurst. There must have been hundreds, if not thousands, in the air at one time. Coincidentally there were many Cabbage White Butterflies around at the same time though I never saw any captures. It seems that mass hatchings of Dragonflies have sometimes been observed immediately after thunderstorms The swarm we saw was two months after the huge deluge which caused massive landslides in the Grampians, but it is unlikely that the two events are related.

Blue Spotted Hawker

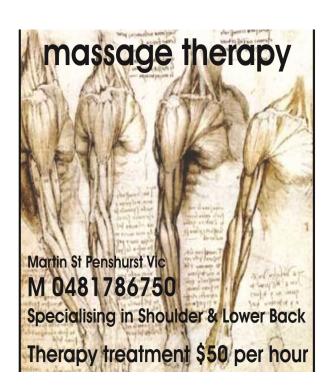
Folk names such as Devil's Darning Needle and Horse Stinger have been given to dragonflies in the past. The myth regarding the horse stinger probably came about because of the appearance of the long, slender abdomen and the habit of flying near horses to hunt disturbed insects. In fact they don't sting either horses or people. Instead they are more likely to be useful to us as controllers off mosquitoes and flies.

We think of them as being rather large insects but fossils of relatives of today's Dragonflies lived some 300 million years ago had wingspans of about 70 cm. Just imagine them at Yatmerone!

Below is a comparison of a Meganeura Dragon Fly, with a wing span of 70 cm, and a 1.8 M tall person



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Mobile Library

Internet, audio books, dvd's, fiction & non-fiction, children's section,

If we don't have it we can get it free!

It currently visits Penshurst every

THURSDAY FORTNIGHT

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Www.sthgrampians.vic.gov.au/library

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Full page \$20 **1/2** page \$10

1/4 page \$5 Business Card \$3

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PENSHURST PROGRESS ASSOCIATION

ABN 35 622 662 815

Committee of Management: Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary Mary Stewart

Vice President – Tom Cooke Nigel Pyne

Treasurer – Marjorie Dalla Costa Don Adamson

Next Meeting: Wednesday 22nd May, at the usual 7.30pm in the Supper Room, Penshurst

CFA Sirens

There were a few people that have commented to me recently, from the western side of Penshurst, about not being able to hear the CFA siren when it sounds from the CFA training ground, so I tried to ring the Penshurst CFA to ask about it. After much fiddling around with the Hamilton office, and a discussion with someone with the right connections here in Penshurst, I received a phone call from Richard Bourke, Operations Officer of the CFA. He explained that our siren is a left-over from the past that was used to alert CFA volunteers to the need to contact their office as there was a fire. It was never intended to warn Penshurst people of an approaching problem. Volunteers are now notified by pager or phone. So, next time you hear it, or hear you haven't, don't worry. If a fire in imminent we will be warned, particularly if you have the CFA app downloaded on your mobile phone. I find mine very handy.

Next Meeting

With the current changes to the Gardens, reviewing the Gardens Master Plan becomes important, so we will be examining it at the next Progress Association meeting to see what we can do to help bring in some of the recommendations made by those from Penshurst who helped develop it. In the SGSC 2019/2020 draft budget there is \$100,000 set aside for the Gardens work. When the budget is approved in June we will know what is available to be used.

We have applied for a grant to get solar lamp posts through Dan Tehan's office. It fits in well with the ideas about a Christmas Market in the Gardens in December.

You don't have to be a member of the Progress Association to share your ideas with us. All feedback is welcomed. See you at the meeting.

Ama Cooke



Small wall for small kids, but climbing can be fun.

MT ROUSE NEWS & VIEWS







Post Offices have changed in many ways over the years, now offering a wide variety of products and services.

Did you know you can deposit & withdraw with all major banks and Credit Unions at Penshurst Post Office Also

Passports & Passport Photos, Working with Children Applications
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Monday, Wednesday and Saturday 10:00 am to 4:00 pm

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Caramut and District Garden Club

A weed is a plant that grows where it is not wanted.

In WA, the white Arum Lily has taken over many of the national parks. In some areas of Australia, the Cootamundra Wattle is a noxious weed as it flourishes where not wanted, smothering many of the local small species. In my own garden, the violet can become a weed if I don't keep pulling it out.

At this time of the year, mulching thickly with Autumn leaves will keep the weeds under control as they germinate in the top few centimetres of soil. Ground covering plants act as living mulch. They shade the soil, help to regulate its temperature and retain moisture. They also stabilise slopes and suppress the weeds. Groundcovers are plants are about 30cms tall or less. They can be annuals, trailing climbers, herbaceous perennials strappy-leafed plants, ferns, grasses and even edible plants. Even small shrubs that are low growing do a great job of covering the soil. Everlasting, Statice, Convolvulus, Common Grevillea 'Fire Cracker', yes and even violets, native violets, snow-in-summer, lambs ears, aujuga, campanula, geraniums, alyssum. The list is endless. The more biodiversity, the harder for pests and diseases to take over.

Canna Lilies are dying back now so you can cut back the old flower section to ground level. I often pull the plant out which helps to thin out the clumps. It is suggested to mulch and feed, mine grow well without any attention and only rain to them growing. Rejuvenate neglected hydrangeas by cutting back the oldest, thickest stems at ground level to stimulate new growth. Thin out weak. damaged or diseased branches. Prune back any stems that have recently flowered by about a quarter, to just above two plump buds. Leave unflowered branches as they will produce flowers next season. Check drainage holes on pots as they may have become clogged. Repot if this is the case. Repot shrubs that have been in the same pot for a number of years. Now is the last chance to plant spring flowering bulbs. Beetroot, carrots, silver beet, peas and broad beans are best planted by seed whereas cabbage, broccoli, cauliflower, parsley and onions can be planted as seeds or seedlings.

Winners for the April competitions were:

Bloom: 1st Kit Boyd 2nd Lorraine Schefferle Geranium or Pelargonium: 1st Myra Bish

2nd Janet Shalders

Produce: 1st Lorraine Schefferle

2nd Helen Brown

Our Next meeting will be at Woolsthorpe Hall at 10 am on Tuesday 14th May.

The special Competition is a stem of Chrysanthemum.

We are to visit the Warrnambool Community Garden at 11.30am, cnr of Grieve and Grafton Rds. Our hosts will be either Julie Eagles or Rob Porter who will show us around the facility.

Visitors are most welcome.

We may think we are nurturing our garden, but of course it's our garden that is really nurturing us.'

Jenny Uglow

Just for a Laugh

A husband and wife were driving through Louisiana. As they approached Natchitoches, they started arguing about the pronunciation of the town. They argued back and forth, then they stopped for lunch. At the counter, the husband asked the blonde waitress, "Before we order, could you please settle an argument for us? Would you please pronounce where we are very slowly?" She leaned over the counter and said, "Burrr-gerrr Kiiing."

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Dunkeld & District Community Bank® Branch





Farm Management Deposits

June 30 is fast approaching and now is the time for farmers to be thinking about a Farm Management Deposit. With an FMD, you can set aside pre-tax income from profitable years, so you have it available when you need it most. At Bendigo Bank, we're proud to offer you Rural Bank's range of competitive FMD options, as well as professional, convenient, local banking services. For details, drop in and see us at the branch, or we can visit you to discuss a finance solution that will help grow your farm business.

Disclaimer: Individual circumstances may vary, legislative requirements must be adhered to and you should consult your taxation advisor. Terms, conditions, fees, charges and eligibility criteria may apply. Rural Bank AFSL 238042. Bendigo and Adelaide Bank AFSL 237879

Winning for our innovation and impact

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<u>Canstar</u> has named our Youth Debit Mastercard as winners of the 2019 Innovation Excellence Award.

This product was designed for youth aged between 12 to 15 years old and has restrictions on the types of



purchases that can be made in a bid to improve security.

The Canstar Research judging panel found the implementation of merchant code restrictions for a teen-specific debit card was unique, providing parents with some peace of mind, while giving their child more autonomy with their day-to-day transactions

Terms, conditions, fees and charges apply. All information is correct as at 20 September 2018 and is subject to change. Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL/Australian Credit Licence *Conditions for protection apply, see www.mastercard.com.au/zero-liability. Mastercard is a registered trademark, and the circles design and Tap & go are trademarks of Mastercard international incorporated.

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Thank you Gary!

From the Directors and Staff thank you to outgoing chair Gary Simpson. Thank you for your dedication, passion and hard work as GRCEL Board Chair. Your contribution to the establishment of the Community Bank Branch and service to the communities of Dunkeld, Penshurst and Cavendish has been outstanding and much appreciated.



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As the Fire Danger Period has finished across most of Victoria on 1 May, including for the Southern Grampians, CFA has urged residents across the state to exercise extreme caution when burning off.

CFA Acting Chief Officer Gavin Freeman said that fire restrictions had been extended until 13 May in District 7, 15 and 22, which take in Geelong, Ballarat and Shepparton and their neighbouring municipalities.

Acting Chief Officer Freeman reminded residents to register any burn-off they were considering undertaking, and to check the local conditions on the day.

"Even if you have registered your burn, conditions can change quickly and fires can get out of control within minutes in dry and windy conditions," Acting Chief Officer Freeman said.

"The effects of an out-of-control fire can be devastating and we want everyone to exercise extreme caution.

"We're also reminding people to always register their burn-offs so we know what is happening in the area, especially if brigades are being called to fires.

Landowners can register their burn-off with the Emergency Services Telecommunications Authority (ESTA) by calling 1800 668 511 or emailing burnoffs@esta.vic.gov.au.

"It reduces the chances of CFA brigades being called out unnecessarily if a member of the public calls about smoke or a fire in the area," Acting Chief Officer Freeman said.

He added that people should never leave a burn-off unattended as it's the resident's responsibility to ensure that it does not get out of control.

"If a burn off does get out of control, call '000' immediately. People should have a fire plan and prepare for the event of fire, and never be complacent."

Keep your burn off safe and legal:

- * Check fire restrictions in your area and always register your burn on 1800 668 511
- * Check and monitor weather conditions particularly wind
- * Warn your neighbours beforehand that there will be smoke in the air
- * Leave a three-metre fire break, free from flammable materials around the burn
- * Have sufficient equipment and water to stop the fire spreading
- * Never leave a burn-off unattended stay for its entire duration
- * If your burn-off gets out of control, call '000' immediately

For more information about burning off, go to cfa.vic.gov.au/burnoff

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Hamilton Community House Inc. (A0026122L)

19 Sedgewick St., PO Box 544

Hamilton Vic. 3300

Phone/Fax 03 5571 9780

Email hamnh@bigpond.com

ABN 71802588390

What's on for NEIGHBOURHOOD HOUSE WEEK '19

- Mon May 13th Colour theme day of the NHvic logo wear blue/orange
 - Monday Craft & chat 10-3pm
- Tues May 14th Sewing project day 9.30-12 noon approx
 'Tuesday treasures' 12-2pm, call and see

what range of preloved items are on our table - \$5 & under

 Euchre, 7.30pm, bring supper to share -'mystery bag' prize night

Wed May 15th - 'The Crafters loop' - 9.45am departure to 'Mollybear designs' at Bulart and m/tea, then onto Dunkeld for lunch, with a visit to 'SMB Crafts' on the return. Car pool with contribution towards fuel.

- Crafty kids, 4-5.30pm for children 6-14yrs. incl snack/craft activity, \$5pp - must book.

- Time for Yarn, byo yarn project at 7.30pm, gold coin, with a pizza supper
- Thurs. 16th Last day of purple 'Beanies not meanies' project, 10am-3pm with pot of soup lunch.
- Sat May 18th Laughter Yoga, 9.30 am at HIRL, followed by m/tea at Lemon Myrtle
 - Fundraiser BBQ at Coles 10am -2pm.

Come and see what you can do!

Regular activities happening - Lucky participant draw Ph 55719780 or email - hamnh@bigpond.com

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MY PLAN FOR WANNON



Better Roads and Rail with more Federal funding for our local roads, highways and rail networks



Cutting the Cost of Living for families and individuals by taking action to reduce energy costs and cut taxes



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Guaranteeing essential services, so we all benefit from better health, education, aged care and communications



Delivering Community Projects and supporting our volunteers so we build strong local communities

DAN TEHAN MP

FEDERAL MEMBER FOR WANNON



WORKING HARD



DELIVERING

Authorised by Dan Tehan MP, Liberal Party of Australia, 190 Gray St, Hamilton VIC 3000.

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Grab your Takeaway and extras from Josh & Tracy Hewitt at the

Penshurst Newsagency & Takeaway

86 Bell Street Penshurst 5576 5330 ABN 62624156010

All Day Breakfast, Egg & Bacon Rolls, Home-made cakes & slices Mahalia Coffee, Fresh Bread, Milk, Meat and soft drinks. Fresh battered Fish, Dim Sims, Hot Chips and much more.

Try the specials – Chicken Parma, \$15.00, Souvlakis (Lamb or Chicken), Fish & Chips with salad \$10.00

NEW - Chicken & Seafood (served with chips & salad) \$18.00

Hamburgers, Chicken Chilli Burgers, Steak Sangas, Chicken Schnitzel Burgers

Check our board for weekly specials!

Opening hours

6am – 7pm Monday – Thursday

7am - 8pm Friday, 7am – 8pm Saturday

8am – 7pm Sunday

Please phone late orders 15 minutes prior to closing, thank you.

PLACES OF INTEREST IN PENSHURST

Volcanoes Discovery Centre www.volcanoesdiscoverycentre.com.au

Yatmerone Wildlife Reserve Ritchie St Penshurst

Botanic Gardens Chesswas St Penshurst

Penshurst Caravan Park Cox Street Penshurst

For Bookings phone (03) 5576 5220

Ct Jacoph's Catholic

24 Hr Fuel 91A Bell Street Penshurst

The Mount Rouse steps are closed at the present moment due to renovations.

Penshurst Church Services

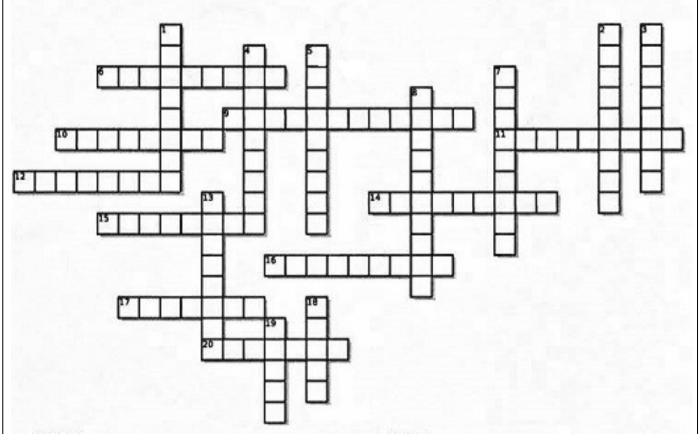
			St Joseph's Catholic
Bethlehem Lutheran	Penshurst Anglican	St Andrew's	Church Penshurst
	Church	Uniting Church	1st Sunday No Service
Church Tabor	5pm Mass 3rd Sunday	Penshurst	2nd Sunday Mass 8.30am
Service every	each month	2nd & 4th Sunday	3rd Sunday Lay Service
Sunday 10.00am	For further details contact	11am Service	8.30am
		Trum Service	4th Sunday Mass 8.30am
	Janet Kelly on 5576 5247		5th Sunday Mass 8.30am

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Mt Rouse Puzzler Fill-it-in 5

A 'Room' With a View



ACROSS

- 6 bored room or busy businessness
- 9 Mostly for undressing
- 10 may I have this dance?
- 11 bigger than the pantry
- 12 an opposite place for waiting
- 14 for intrepid investigators, not the ironing
- 15 Seasonal Room
- 16 when you are feeling the squeeze
- 17 best in daylight
- 20 keep it clean

DOWN

- 1 headache rest or practical pictures
- 2 not just for grog
- 3 missing in most low places
- 4 for repeat offenders
- 5 for visitors
- 7 school child's activity centre
- 8 For recreation or being a potato
- 13 play area for grownups
- 18 to wed or carefully fuss
- 19 one letter makes a tool or child's play noise





We welcome contributions to all sections of our Newsletter. Any suggestions for things you would like included please send to the Editor at: mtrousenewsletter@gmail.com

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MONTHLY MEETING DATES

- Book Club, 2nd Wednesday each month at Senor Citizen club rooms.
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd
 Tuesday each month at Volcano Centre
 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.

- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 4 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Would you like your group listed here, contact Mark on 0409192612 or email mtrousenewsletter@gmail.com

A quick update - the View from the Top



The photograph above was taken from the summit of Mt Rouse and shows the frame for the new steps is in place. There appears to be quite a bit of work remaining until they can be used again.

PAGE 17 MT ROUSE NEWS & VIEWS A PAGE TO SHARE RECIPES

The following recipe is warming for winter

Chicken Marsala-serves 4

Prep: 20 Mins Cooking 20 Mins

4 skinless, boneless, chicken breasts

All-purpose flour, for dredging

Kosher salt and freshly ground black pepper

1/4 cup extra-virgin olive oil

4 ounces prosciutto, thinly sliced

8 ounces cremini or porcini mushrooms, stemmed and halved

1/2 cup sweet Marsala wine

1/2 cup chicken stock

2 tablespoon unsalted butter

1/4 cup chopped flat-leaf parsley

METHOD

Step 1 Put the chicken breasts side by side on a cutting board and lay a piece of plastic wrap over them; pound with a flat meat mallet, until they are about 1/4-inch thick. Put some flour in a shallow platter and season with a fair amount of salt and pepper; mix with a fork to distribute evenly.

Step 2 Heat the oil over medium-high flame in a large skillet. When the oil is nice and hot, dredge both sides of the chicken cutlets in the seasoned flour, shaking off the excess. Slip the cutlets into the pan and fry for 5 minutes on each side until golden, turning once – do this in batches if the pieces don't fit comfortably in the pan. Remove the chicken to a large platter in a single layer to keep warm.

Step 3 Lower the heat to medium and add the prosciutto to the drippings in the pan, sauté for 1 minute to render out some of the fat. Now, add the mushrooms and sauté until they are nicely browned and their moisture has evaporated, about 5 minutes; season with salt and pepper. Pour the Marsala in the pan and boil down for a few seconds to cook out the alcohol. Add the chicken stock and simmer for a minute to reduce the sauce slightly. Stir in the butter and return the chicken to the pan; simmer gently for 1 minute to heat the chicken through. Season with salt and pepper and garnish with chopped parsley before serving.



Age Makes All the Difference

Cremini mushrooms (also referred to as cremino, common brown, and Roman), are commonly marketed as "baby bella" or "baby portobello" mushrooms because they are just that — a juvenile portobello mushroom.

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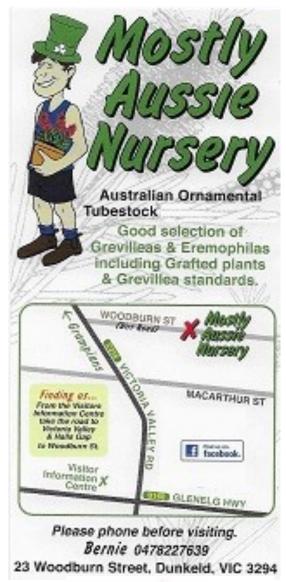
Men's Shed at Work

Last week the crew from the Men's Shed met with the Public School parents to discuss, and layout, the ideas for the Community Garden that will be developed in the old football field beside the school. There was much too-ing and fro-ing across the field as garden beds were laid out, highlighted by coloured 'witches caps'. The edges of the gardens will be created by haybales, a renewable resource. There will be an orchard. This is a long term venture that will be shared by both schools and everyone in the Penshurst is welcomed to take part.

In the meantime, work continues on projects such as small and large planters. The Information Centre will benefit from four small ones when we repot the indoor plants. The new large one appears below. The multicoloured rustic wood makes them beautiful. They are \$55 unstained and made to your requirements.



See you at the Shed. Monday, Tuesday afternoon, Wednesday and Saturday.





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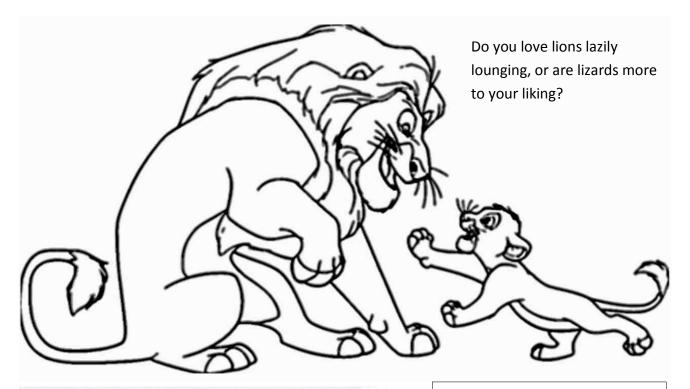
"Mt Rouse News & Views Community Newsletter"

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PAGE 19 MT ROUSE NEWS & VIEWS A PAGE FOR THE CHILDREN



L G N I N R A E L
M O L H L L D L L
L K N A C R O A Y
Y E S G A N T V R
N T T Z I I U E E
O L I T T T T L L
O L I U U T U O Y
L V D O E C N D R
M E D L N G E L E

Letter 'L' Find-a-Word

Can you find all the L words in this puzzle? There are 12. Here are some clues.

- A) One is an animal
- B) One is a reptile
- C) One is a vegetable
- D) 2 to pinpoint location
- E) 2 are activities
- F) One is not first
- G) One is not short
- H) One is an emotion
- I) And one can be written two ways
- J) Last is a bird or confusion

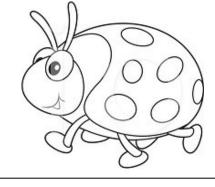
L is for Ladybug

Ladybug, ladybug, fly away home.

Your house is on fire, your children all gone.

All but one, and her name is Ann.

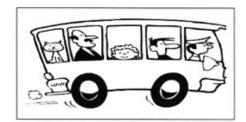
And she crept under the frying pan.





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SOCIAL SUPPORT GROUP PROGRAM - MAY 2019

DATE	PROGRAM	LOCATION
May 2 nd	START STAYING STRONGER EXERCISE CLASS 10am – 11amFollowed by morning tea Brenda joining us for morning tea Welcome/ introduction and what activities provide you with SPARK. Quizzes/ Bingo after lunch	Sheppard Centre
May 9th	START STAYING STRONGER EXERCISE CLASS 10am – 11amFollowed by morning tea GUEST SPEAKER for Mother's day Mother's day activities. Primary school visit after lunch	Sheppard Centre
May 16 th	No exercises or social gathering at Sheppard Centre COMMUNITY BUS TRIP to PORT FAIRY via tower Hill for Fish & chips lunch & Op Shopping – BOOK YOUR SEAT BY TUESDAY 7TH MAY	Meet at PDHS Carpark Leaving: 10am Arrive home: 3pm
May 23rd	START STAYING STRONGER EXERCISE CLASS 10am - 11amFollowed by Anti-Cancer Councils Biggest Morning tea MUSIC with Max Rees after lunch	Sheppard Centre
May 30th	START STAYING STRONGER EXERCISE CLASS 10am – 11amFollowed by morning tea News Discussions, Picnic Lunch and coffee outing	Sheppard Centre

Please note:

- Community members are welcome to attend Exercise Group only from 10am – 11am
- · Bookings essential, please phone to discuss and register attendance
- · Inclusive of cost of Exercise Class should you wish to attend the Social gathering
- Weekly costs vary depending on what you wish to participate in and what is on the program

All bookings by Tuesday of each week
Phone Social Support Group 55518381 / 0417017728

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In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at :

mtrousenewsletter@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.



Words to the Wise

"What gives meaning are challenges. A beautiful life is a meaningful. Say yes to challenges. "

Maxime Lagacé

"Life is a storm that will test you unceasingly. Don't wait for calm waters that may not arrive.

Derive purpose from resilience. Learn to sail the raging sea. " **Unknown**

"Good judgment comes from experience, and experience comes from bad judgment."

Rita Mae Brown

Riddles

- **1.** He is a king who's good at measuring stuff.
- 2. How can "L" be greater in size than "XL"?
- **3.** What kills a lot of people but is harmless?
- **4.** How many eggs can you put in an empty basket?
- **5.** What is the most common use of cowhides?
- **6.** What did the fish say when he swam into a wall?
- 7. You answer me, but I ask you nothing. What am I?

Answers to last fortnight's riddles

1. A needle. 2. A snail. 3. Stockings. 4,5 and 6. The letter 'b'. 7. Carpet

Apologies for 4, 5 and 6 last fortnight. Technologically challenged, Ed.

"You know what your problem is, it's that you haven't seen enough movies – all of life's **riddles** are answered in the movies." **Steve Martin**

"Simple kindness may be the most vital key to the **riddle** of how human beings can live with each other in peace, and care properly for this planet we all share." **Bo Lozoff**

PAGE 22 MT ROUSE NEWS & VIEWS TAIL END TALES

IVAN, HORSES AND BEER

Ivan's mate Ike (continued from Newsletter 17)

Ivan had a mate called Ike and they decided to brew their own beer. They selected the eighteen-gallon barrel (normal people would make a brew half this size) and then went to the pub and bought six cartons of long necks so they would have bottles to put the brew in. This affected how much ingredients they put in the first batch.

Ike asked me in the pub one day, "Have you ever tried Coopers Draught in a home brew?" My answer was not ever and not likely either. Ivan and Ike were both there and Ike said, "We had two bottles each and I tried to get up, but my legs would not work, and Ivan's eyes fell out."

Well! There will be the doubters among us who say your eyeballs cannot fall out, but they swore it happened. Ivan always wore slightly darkened glasses and he said there was nothing wrong with his sight, they helped keep his eyes in place. Ivan than tells me the first time it happened he was a deckhand on a scallop boat and the skipper came down the back and asked how he was handling the work. Ivan said, "OK but I am having trouble seeing the scallops." To which the amazed skipper says, "No wonder, your eyes have fallen out!"

After this, he was promoted to a part time engineer for which he had no training, no ability and little desire.

The boat was an ex tug boat that used huge amounts of fuel and had an engine so old it did not have a gearbox. When you wanted to go backwards, you had to stop the motor and then start it again so the whole engine ran the other way. This required skill and dedication neither of which were Ivan's strong suit. The boat weighed a lot, maybe 150 tonnes.

As they came into a harbour that Ivan had not seen for many years, the skipper slowly worked toward the wharf and within a reasonable distance spoke down the voice pipe to the trusty engineer, "Put it Astern, Ivan"

Ivan was standing right beside the skipper so heard him clearly "Quick as I can" he said and rushed toward the engine room. Luckily, they missed the wharf but could not miss a little island about 200 metres away. Straight up and stuck fast.

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... And women